



EAST ADELAIDE  
SCHOOL

# Nut and Other Severe Food Allergies Awareness Guidelines

## Purpose:

- To provide a safe learning environment for all members of the East Adelaide School community.
- To raise the awareness of all members of the community regarding severe allergies.

## Management

### Parents and caregivers will:

- Provide information from doctors to support health care planning as part of the enrolment process.
- Be requested **NOT** to send food to school that contain nuts and nut products (this includes peanut paste, nutella, all nuts and cooking oil containing peanut oil, as well as foods containing nuts). This is especially important in the Early Years (R-2), where young children are less able to manage their allergy.
- Check with teachers before providing food to share with the class for information about students who may have severe allergic reactions to foods such as egg, fish and nuts.

### Teaching staff will:

- Supervise eating at lunch time
- Request parents to check with teachers before providing food to share with the class for information re students with severe allergic reactions to foods such as nuts, fish, eggs etc.
- Encourage students NOT to share food.
- Encourage and remind students to wash hands after eating.
- Participate in training from a registered organisation such as St Johns/Red Cross in understanding and dealing with anaphylaxis (severe allergic reactions) as the need arises.
- Request that students bringing food that contains nuts or nut products eat that food away from any other students and to wash their hands before going to play.
- Students being informed via teachers, signs and the newsletter
- Refer to the EDSAS printouts provided by Admin highlighting students with food allergies and other medical conditions.

### Leadership will:

- Support the familiarisation with the school's Nut and Food Allergy Awareness guidelines
- Request that the Canteen adheres to the School's Nut Awareness guidelines
- Inform families and new staff to the school of the guidelines
- Provide opportunities for staff information and training
- Provide regular updates re students with food allergies to classroom teachers





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**By promoting our policy via:**

- The school newsletter
- A link to the policy on our school website
- Parent Handbook and informed via the enrolment information
- Staff Handbook
- Induction package for new staff
- Letter sent home at the beginning of each year and reception class intake re nut and other severe food allergies

This school acknowledges that due to food processing practices it is impractical to eliminate nuts or nut products entirely from an environment where there is food. Thus we are a Nut “Aware” School.

**Date for Review: 30 July 2025**

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**Government  
of South Australia**  
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