



# **EAST ADELAIDE SCHOOL**

## *After School Sports*

### **Volunteer Coaches Information**

**The focus of After School Sport at East Adelaide School is to provide the opportunity for all players to develop their skills and understanding of their preferred sport, in a pressure free enjoyable environment.**

**Updated May 2022**

Respect - Responsibility - Relationships – Resilience

## **Role of the Volunteer Coach**

- To develop each student's Sport specific skills (passing, catching, movement and game play), social skills and the ability to play as a team.
- Include students of all abilities, ages, genders, and ethnic backgrounds.
- Employ equal playing time for all students.
- Be a good role model for the students.
- Show enthusiasm and enjoyment – make it fun.
- If you have put your hand up to be an official or coach in junior sport it's important to understand all your school's rules and regulations, the spirit of the game and the relevant sporting body codes of conduct and policies and procedures.

## **Coaching Requirements**

- All coaches must be cleared to coach children via the Working with Children Check (WWCC), have completed the Responding to Risks of Harm, Abuse and Neglect course (RRHAN), have completed a site induction at East Adelaide School and have a valid covid-19 vaccination certificate (minimum of two doses).
- The above are minimum requirements before anyone can be given the authority to coach. Copies of participation certificates and documents must be produced as evidence to the school office before you can begin coaching.

## **What you will be provided with**

- A kit bag with easy access to a first aid kit and relevant medical details of students. The After School Sports Coordinator will provide these with all relevant contact details for the families in a folder within the training kit bag and access to training/coaching courses when available and if required.

## **Supervision and safety**

Coaches need to make sure that:

- everyone is safe (including yourself).
- students go to the toilet in pairs.
- you can be contacted by the principal, parents and caregivers.
- Follow COVID-19 protocols.

## Spot Checks

- School leadership and the After School Sports Coordinator will make random spot checks throughout the season both at training and at games to ascertain that all policies and procedures involving coaches and families are being followed.

## Reporting and contact details

### Volunteer coaches report to:

After School Sports Coordinator 8362 1622 (during school hours)

### Other contacts:

Deputy Principal 8362 1622 (during school hours)

Vicki Stravinski (Principal) 8362 1622 or 0411 134 790

OSHC Director 8362 6585 (during OSHC hours)

## Rewarding effort in junior sport

- Cheer and acknowledge good plays by both teams.
- Never ridicule or yell at a child for making a mistake.
- Emphasise trying hard and having fun, not only winning.
- Encourage fair play

## Respect officials and the opposition

- Accept decisions by officials – they are only human and can make mistakes.
- Deal with any issues in a controlled and professional manner **after** the game.
- Understand that yelling at officials, particularly verbal abuse, can have serious ramifications.
- Thank the officials, coaches and other team after the game.

## Poor behaviour in sport results in:

- Risks to people's wellbeing.
- Reduced enjoyment for everyone.
- Children and adults giving up sport/coaching.
- Fewer people willing to volunteer for coaching, officiating and other roles.

## **Keep your emotions in check**

- Be enthusiastic, but don't scream instructions from the sideline.
- Don't get into shouting matches with anyone.
- Never use bad language or harass others.
- Remember, **it's just a game**. The children are here for fun and learn a sport plus good sports behaviour.
- Children can learn as much from losing as from winning.

## **Role of the Parents/Caregivers**

- Provide written consent for their child to participate in trainings and games. This is done at time of registration.
- Ensure your child attends training and matches on time and is collected promptly at the end of training sessions and matches.
- Closely supervises their child if their child is a risk to themselves or others.
- The responsibility of supervision of children at After School Sports training and matches lies with the parent/guardian of the child participating in the sport and not the volunteer coach. As a school and Governing Council we strongly encourage all parents to ensure they are either supervising their child/children themselves or have negotiated the supervision to another family member or family friend. Therefore parents are to attend trainings and matches, and if not able to attend, to inform the coach of who will be supervising their child and who their child is going home with. Contact details for this person must be sent to the coach for contacting if required.

## **Role of Out of School Hours Care**

***For students who attend OSHC and an after school sports training session on site on the same day.***

- Escort children from OSHC to the park or gym to handover to coaches for their training session.
- Collect children from their training session at park or gym and return them to OSHC after their training session.
- Remind parents/caregivers to sign the children out from OSHC not just from the volunteer/coach at designated training areas.
- In emergency circumstances concerning serious situations in OSHC or Vacation Care, the OSHC Director or delegated leader will contact the Principal. If the Principal is off site or cannot be contacted, the OSHC Director or delegated leader must contact the Deputy Principal or Assistant Principal, whose mobile numbers will be provided to the Director.

## **Role of the Site Leader and Sports Coordinator**

- Ensure risk assessments have been undertaken, filed and easily accessible to review.
- Provide coach volunteers with checklists including participant's names, parent contact details, OSHC attendance and medical information for participants.
- Make available training sessions for coaches to attend.
- Facilitate volunteer coaching induction meetings prior to each season.
- Remind parents not to leave the sporting event until the volunteer coach knows the parent or caregiver are there to collect the child and to inform the volunteer coach of different supervision arrangements.
- Provide parents with a copy of the Parents Responsibilities document.

## **REMEMBER**

