



# East Adelaide School

*Learning for Life*



Government of South Australia

Department for Education

Term 3 Week 5

Friday 23 August 2019

## From the Principal

We have decided this week's newsletter would have a different format, more pictures and less words to capture the wonderful learning since we last wrote to you. I hope you enjoy looking over the pages and reading the captions.

### **Grandparents and Special Friends Day**

Thank you to all the grandparents and special friends who were able to spend time with grandchildren and special young people last Friday. I also thank you for your kind donations of books to the Resource Centre and in purchasing raffle tickets for the wonderful baskets. A big thank you to our Parents and Friends and the extended community.

Last week we were also celebrating Science Week and again I thank our very generous community who gave of their time to present to classes. There were many volunteer parents and friends who were keen to spend an hour or two sharing insights on our STEM learning in Sustainability.

*Vicki Stravinski*



A huge thank you to all Grandparents, families and friends who supported the Resource Centre by buying a book. Over \$1700.00 worth of books was donated. Thank you for your generosity once again.

*Wendy, Sharolyn & Monica*

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East Adelaide School Website: [www.eas.sa.edu.au](http://www.eas.sa.edu.au) Department for Education Website: <http://www.education.sa.gov.au>

## From the Wellbeing Coordinator

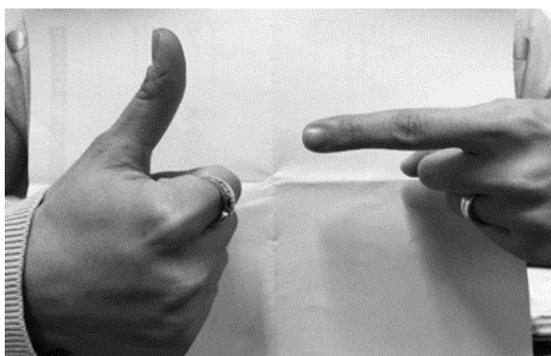
### Student Wellbeing—Brain Breaks

In today's newsletter I am sharing two different kinds of brain breaks which families can try at home. It can be difficult to explain the brain breaks but I will try my best. The first brain break is done with a partner and the second one is done independently.

#### 1-2-3

Participation: pairs

In this simple game, students are facing each other and take it in turns counting 1-2-3, 1-2-3, 1-2-3. Once students have mastered this, the number one can be changed to clapping. So students take it in turns, clap23, clap23, clap23 etc. Each number can be changed with an action. For example; 1 - clapping, 2 - jumping, 3 - a sound (quack quack, meow meow).



#### Finger and Thumb

Participation: individual

This can be a challenging and difficult brain break. Right pointing finger, pointing at left thumb. Left thumb is positioned as if you are saying good job. Refer to the image above. Then once your thumb and finger are in position you swap your right pointing finger to the thumb position and then swap your thumb to the pointing finger position. This brain break involves a lot of practice. Don't give up.

### *Yiota Seindanis*

#### Swimming

**Monday 9 September to Friday 13 September**  
Reception, Year 1, 2 and 5

**Monday 16 September to Friday 20 September**  
Years 3, and 4

Swimming and Aquatic Consent forms have been sent home and need to be returned to class teachers by Tuesday 3 September.

## Dates to Remember

**Wednesday 28 and Thursday 29 August**

Fathers' and Caregivers' Day Stall

**Friday 30 August**

Fathers' and Caregiver's Day Breakfast 7.30am

**Monday 2 September**

School Closure

### Kids4Kids Childhood Cancer Fundraiser

The School Ambassadors and Sam's Popcorn are fundraising for Kids4Kids to raise money for childhood cancer. At the assembly held on Friday 9 August we had two special visitors to the school – Elliot, the Childhood Cancer Association's mascot and CEO Cath O'Loughlin. If you'd like to be involved and support this cause please refer to the attached form. Order forms need to be returned to the front office by Monday 26 August.



### Reconciliation Working Group News

Thank you to the families who donated a wonderful array of books and clothing this year. The items have gone to the far-north and west of the state.

### Fathers' & Caregivers' Day Breakfast

#### **Fathers' & Caregivers' Day Breakfast**

This event will be held on Friday 30 August, from 7.30 - 8.30am. Please join us at the friendship table (next to OSHC) for a BBQ breakfast. The cost is \$10 per person; including a bacon and egg roll and an Ashton Valley fruit juice. A coffee van will be on site to purchase hot drinks.

#### **Fathers' & Caregivers' Day Stall**

The stall will be open on Wednesday 28 August and Thursday 29 August from 9 - 10.15am. All items cost \$5.00 each. Each class will be allocated a day and time to purchase from the stall. Please check with your child's teacher for your classroom's day. Teachers will support children to purchase from the stall during the school day.

Further information can be found on Konnective and obtained from the front office.

Respect

Responsibility

Resilience

Relationships



## Grandparents' and Special Friends' Day





**Sandy McCathie**

I was very surprised by how many jobs involve STEM and how many materials we use on a daily basis. We use 4 times the earth's materials and that is one of the reasons why our planet is dying. Sandy told us some stories about floods and one about lead levels in water and how multiple people became very ill from it when she was young. In the future humans need to change production methods by making plastic biodegradable and putting a limit on our water and electricity usage.

By Milo Rm 23

**Science Week 2019**

This year's topic for Science Week was Destination Moon to tie in with the celebration of the 50th Anniversary of the Moon Landing. It was fabulous and exciting to see science being celebrated and explored in all of our classrooms last week. To the parents who sent in science experiments for sharing time in classrooms I was so thrilled to see the joy in the discussions and wonderings about what was going to happen. Thank you for helping me grow the science minds of our students.



Georgia (Reception Room 1) Sharing her 'Walking Water'



*Science Week*

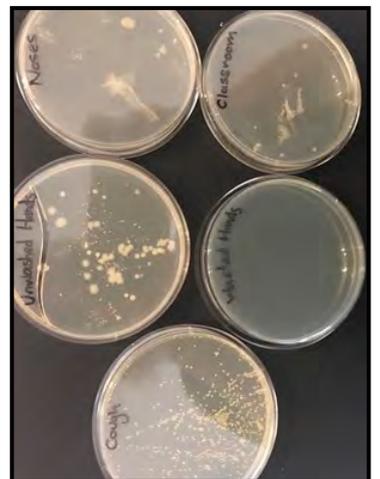


**Guest Speakers** – A very special thank you must be given to all of our wonderful parents who came and spoke to a variety of our classes during Science Week. They kindly volunteered their time to talk to classes about their careers and journeys in the wonderful world of Science, Technology Engineering and Maths. They imparted valuable stories and tales that I am sure will stay with our students for years to come.

**Fleur - Science Teacher**



Ashton's Mum Tara (Room 1) Making Lava Lamps



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Congratulations to our 2019 Science Week Colouring in Competition Winners, there were so many fabulous entries which made the judging incredibly difficult. Special mention must go to our Year 4s as there were some really exceptional entries making the decision to award two prizes for this year level.

- |                         |         |
|-------------------------|---------|
| <b>Reception</b> – Adam | Room 1  |
| <b>Year 1</b> – Dyllan  | Room 5  |
| <b>Year 2</b> – Harvey  | Room 8  |
| <b>Year 3</b> – Ruby    | Room 27 |
| <b>Year 4</b> – Isaac   | Room 13 |
| <b>Year 4</b> – Jessica | Room 13 |
| <b>Year 5</b> – Janice  | Room 23 |
| <b>Year 6</b> – Cooper  | Room 21 |

Jacque visited our class and described her role as an Epidemiologist, which is a scientist who specialises in the study of diseases. She works with data from sources including doctors and health services to understand the size of disease epidemics such as the flu, so that the community can be better prepared and protected each flu season.



We have tried dropping marbles onto a chalky surface to simulate asteroids hitting the moon.



**Crab Nebula**  
This image of a supernova remnant combines data from NASA's Spitzer, Hubble, and Chandra telescopes.



**Helix Nebula**  
A planetary nebula as seen in infrared light by NASA's Spitzer Space Telescope.

The children placed their footprints in sand just like Neil Armstrong when he left his footprint on the moon.

We had our photos taken and then our images were placed inside a space suit with our choice of galaxy in the background.



**Cassiopeia A**  
Remnant of a massive star's death by violent supernova explosion, imaged by NASA's Spitzer/Hubble/Spitzer telescopes.

We ran continuous looped video clips of Apollo 11's touch down on the moons.

### Committee Meetings

<b>Governing Council</b> Tuesday 10 September	7.00pm
<b>Asset and Landscape</b> Wednesday 4 September	8.00am
<b>Education</b> Tuesday 3 September	6.30pm
<b>Canteen</b> Tuesday 3 September	8.00am
<b>Parents and Friends</b> Thursday 29 September	6.30pm
<b>Finance</b> Wednesday 4 September	8.00am
<b>OSHC</b> Tuesday 27 August	6.30pm
<b>After School Sports</b> Wednesday 28 August	8.00am

### Road Crossing Monitors

Week 6				
8.30 - 8.50am	Maddy	Aleisha	Sophie	Mara
3.10 - 3.30pm	Kit	Ziggy	Adrian	Athena
Week 7				
8.30 - 8.50am	Cooper	Riley	Jordan	Akshat
3.10 - 3.30pm	Jayla	Jordan	Zeina	Jenana

### News from OSHC

The October Vacation Care program will be released on Monday 2nd September (week 7). Bookings will open on Monday 9th September (week 8). Bookings will only be accepted via email to [dl.1036.oshc@schools.sa.edu.au](mailto:dl.1036.oshc@schools.sa.edu.au) or be returned in person at the OSHC office with the completed form. Please ensure all accounts are up to date or the service will not accept bookings for Vacation Care.

### Hats - Sun Smart Policy

Please remind your children to wear a hat everyday in Terms 3 and 4.

